



ATHLETIC TRAINER

BASIC FUNCTION

Under the direction of the Athletic Director, provide health services for the prevention, evaluation, treatment, and rehabilitation of athletic injuries for student athletes involved in various inter-collegiate sports; maintain and operate the campus athletic training room facility; administer appropriate injury records system as required by law; provide health advice and counseling to athletes, coaches, and physical education faculty; and other related duties as required.

DISTINGUISHING CHARACTERISTICS

The incumbent in this classification will be evaluating the physical condition of student athletes and administer first aid, emergency medical care, and provide rehabilitation and reconditioning techniques to injured student athletes. The work requires ensuring student athletes have fulfilled all the health requirements to participate in intercollegiate sports and that injured athletes are able to return safely to participating in sports activities. The incumbent is also responsible for the administrative duties required by law and serves as the lead trainer.

ESSENTIAL DUTIES & RESPONSIBILITIES

The following duties and responsibilities describe the general nature and level of work being performed. It is not intended to be restricted or construed as an exhaustive list of all duties and responsibilities required of individuals so classified.

1. Provide athletic training services to student athletes engaged in traditional and non-traditional seasons of intercollegiate athletics.
- 1-2. Operate and maintain the college training room and equipment storage facilities; provide for proper storage, inventory, issuance and collection of athletic equipment including uniforms, braces, wraps and supportive equipment; review equipment and material needs with coaches and prepare requisitions for athletic equipment, medical supplies and other items as required.
- 2-3. Evaluate and diagnose student athletes' injuries.
- 3-4. Provide advanced first aid and therapeutic techniques and refer to a physician or appropriate medical facility if deemed necessary.

- 4.5. Provide proper rehabilitation and reconditioning based on the diagnosis and/or in accordance with physician instruction.
- 5.6. Administer first aid and emergency medical care to student athletes.
- 6.7. Advise athletes and coaches in the development of physical conditioning and training programs to enhance athlete strength, endurance, flexibility, and coordination.
- 7.8. Meet with teams to review and assist with health screening examinations and other required medical forms prior to participation in athletics.
- 8.9. Complete and process documents such as: medical packets, treatment reports, injury reports, insurance claim forms, and doctor notes/releases.
- 9.10. Operate a wide variety of therapeutic and rehabilitative equipment.
- 10.11. Assist in maintaining the athletic training room by keeping all sinks, baths, tables, and other modalities organized, sanitary and in proper working order.
- 11.12. Administer technical directions issued by physicians.
- 12.13. Assist in budget development and coordination; procure equipment, supplies, and other materials, and complete necessary business forms.
- 13.14. Promote and maintain a professional environment for the treatment of both sexes.
- 14.15. Perform other job-related duties as required.

QUALIFICATIONS

Knowledge Of:

- Techniques, and equipment used in prevention, care, and rehabilitation of injuries.
- Principles and practices of first aid, CPR, physiology, anatomy, and kinesiology.
- Recognition and evaluation of athletic injuries.
- Principles in advising students with personal health issues.
- Physical fitness, hygiene, disinfectant, and safety procedures related to athletics.
- Rules, regulations, policies, and procedures governing athletics.
- Interpersonal skills using tact, patience, and courtesy.

Skills and Abilities To:

- Administer first aid, CPR, and emergency care to injured athletes.
- Operate a variety of therapeutic equipment and devices used to treat athletic injuries.

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Date Last Revised: ~~March 1999~~ July 2024/ Date Approved:

- Administer treatment modalities and preventive techniques related to sports injuries.
- Prepare and maintain records and reports.
- Communicate with health care professionals, coaches, and athletes.
- Issue, storage, maintain, and repair athletic equipment, clothing, and supplies.
- Work independently with little direction.

Education and Experience:

Any combination equivalent to bachelor's degree with major coursework in physical education, exercise physiology, kinesiology, and/or anatomy and two (2) years of related experience.

Certificates, Licenses, Special Requirements:

Certification as an Athletic Trainer; [an individual who is currently an athletic trainer certified by the Board of Certification \(BOC\)](#), current first aid and CPR certificates. Certain assignments may require a valid California driver's license and the ability to maintain insurability under the district's vehicle insurance program.

Other Requirements:

Imperial Community College is committed to creating an academic and work environment that fosters diversity, equity, and inclusion and equal opportunity for all, and ensures that students, faculty, management, and staff of all backgrounds feel welcome, included, supported, and safe. Our culture of belonging, openness, and inclusion makes our district a unique and special place for individuals of all backgrounds. It is important that our employees' values align with our District's mission and goals for Equal Opportunity, Diversity, Equity, Inclusion, and Access.

WORKING CONDITIONS

Work Environment:

Duties are performed in an outdoor and indoor environment. Incumbents have extensive interactions with students. Frequent interruptions. Medium noise level.

Physical Demands:

Long periods of sitting and keyboarding requiring repetitive hand movement. Speak clearly and distinctly for the purpose of providing information. Ability to stoop, bend, kneel, crouch, reach, and twist, and to lift, carry, and/or move objects weighing up to 50 pounds.

Vision: See in the normal visual range with or without correction. Hear in the normal audio range with or without correction.

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Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions of this classification.

Mental Demands:

Making sound decisions and judgements to solve problems. Handle stress of meeting deadlines and demands of job. Communicate with others in fast paced environment.