



**Imperial Valley College
Public Safety Training
Law Enforcement Academy**

MEDICAL EXAMINATION REPORT

INSTRUCTIONS TO PHYSICIAN

The person requesting this examination is an applicant to the Imperial Valley College Public Safety Training Law Enforcement Academy. Listed below are examination categories and descriptions of the types of activities the applicant will be required to perform. Please examine the applicant and answer the following. Provide any written comments or notations on the attached page.

| | | | |
|--|---------------|--------|--------|
| Applicant's Name (Last, first, middle) | | | |
| Date of Birth (Month, Day, Year) | Sex M F | Height | Weight |

1) VISION

The applicant's training will include firearms, precision driving, and scenario training that will be performed in daylight, dim light, and inclement weather. The applicant will be placed in realistic police situations requiring visual acuity for the identification of persons and objects by color and shape and in situations that will require the ability to detect peripheral movement. The applicant will be required to spend extensive hours of reading textbooks and manuals. **In your opinion, does the applicant have, or is the applicant likely to develop, any visual limitations that could impair performance as described?**

_____ No

_____ Yes- Describe in the comments section.

2) HEARING

In addition to regular classroom instruction, the applicant will be placed in realistic police situations that required the ability to detect sounds, hear movement, and discern direction with both ears. The applicant will participate in training that will expose them to loud noises such as gunfire, sirens, and alarms. For situations where extended exposure to loud noise is anticipated, ear protection is required.

In your opinion, does the applicant have, or is the applicant likely to develop, any hearing limitations that could impair performance as described?

_____ No

_____ Yes-Describe in the comments section.

3) CARDIOVASCULAR, MUSCULAR, SKELETAL, AND FLEXIBILITY

3a. The applicant will be required to perform rigorous physical activity to include running distances up to 3 miles, performing short sprints, crawling, jumping, climbing, dragging a simulated body weighing approximately 160 lbs., performing calisthenics, push-ups, pull-ups, using exercise weights, performing stretching exercises, running through an obstacle course, running up and down stairs and over uneven terrain, and jumping from a six-foot wall.

In your opinion, does the applicant have, or is the applicant likely to develop, any physical limitations that could impair performance as described?

_____ No

_____ Yes- Describe in the comments section

- _____ No
 _____ Yes-Describe in the comments section.

- _____ No
 _____ Yes-Describe in the comments section

The applicant will be placed in situations that require spontaneous reaction to threats such as drawing a firearm quickly and deflecting an assault. The applicant must be able to walk across a 12-foot balance beam, balance on each leg for 30 seconds while keeping arms down to sides, walk heel-to-toe in a straight line while keeping both arms down to sides. **In your opinion, does the applicant have, or is the applicant likely to develop, any physical limitations that could impair performance as described?**

- _____ No
 _____ Yes-Describe in the comments section

Include: Performance functions affected. Nature of degree of severity. Duration of impairment (if intermittent).
Likelihood(s) associated with this impact.

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|----------------------------|--------------------|
| Physician's Name (printed) | Phone: Address: |
| Physician's Signature | Date |